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# Social Phobia Diagnosis Assessment And Treatment

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## Symptoms and Diagnosis of Social Anxiety Disorder

Social Anxiety Test (Self-Assessment) Do you feel worried and panicked in social situations or by the mere thought of being in them? Take this social anxiety test to determine if you meet the diagnostic criteria for social anxiety disorder (social phobia) Last Updated: Mar 29, 2018

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The Social Phobia and Anxiety Inventory (SPAI) 28 is a 45 item self-report measure that assesses cognition, physical symptoms, and avoidance/escape behavior in various situations. It includes two subscales: Social Phobia and Agoraphobia.

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Providing an authoritative and up-to-date review of current theory in and knowledge of social phobia, this encyclopedic volume covers its epidemiology, assessment, diagnosis, theory, research, and treatment.

## Social Phobia: Diagnosis, Assessment, and Treatment

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People with social phobia are typically anxious about the possibility that others will evaluate them negatively and/or notice symptoms of their anxiety. Social phobia affects up to 13% of individuals at some time in their lives and is usually associated with at least moderate functional impairment.

## Assessment and Treatment

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**of Social Phobia - Martin M ...**  
About the author (1995)  
Franklin R. Schneier, M.D., is Associate Professor of Clinical Psychiatry at the College of Physicians and Surgeons of Columbia University and Assistant Director of the Anxiety Disorders Clinic at the New York State Psychiatric Institute. Diagnosis and treatment of social phobia has been a focus of his research.

### **Social Phobia: Diagnosis, Assessment, and Treatment ...**

A diagnosis of social anxiety disorder cannot be made with any lab test or physical exam. As with all mental disorders, a diagnosis is based on whether a person meets certain standardized criteria set by the American Psychiatric Association (APA).

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